

# Thriving in my Awesome Body



If you are struggling with losing weight or autoimmune condition that prevents you from feeling healthy and attractive, or if you want or perform your absolute best and confidently handle the demands of modern life, this program is for you. It will help you completely transform your health and fall in love with your body again. This comprehensive 6-month program is designed to help you create an upgraded, healthier and more vibrant version of you from the inside out.

## Total Body Transformation 6-month Program

### Here's What This Program Can Do for You

Program integrates individual private sessions and support calls, metabolic and nutritional assessments, customized detoxification and nutritional plans, personalized exercise protocol, Biofield Scan sessions, comprehensive analysis of nine energy systems, aromatherapy, energy testing, energy balancing protocols, energy biofield analysis, self-assessment checklists and worksheets to help you succeed in looking amazing and feeling awesome and confident!!

- You will have more energy, stamina, clear thinking, and complete control over your actions and food choices.
- You will cultivate feeling good in your body, connect with its ultimate wisdom and experience pure pleasure from simply being alive.
- You know exactly what causes your body waste its vital energy resources and how to optimize them so your organs and systems serve you well for the rest of your life.
- You will begin choosing healthy foods that constantly supply your body with more energy and feed every cell so they can to function more efficiently.
- You will learn how to jump start your body's detoxification system to eliminate toxic waste so you can feel amazing and look younger.
- You will create better health, clear skin, lean body, greater energy, and more happiness.
- You will save money and eliminate excess - you will never have a need for quick fixes.

## What You'll Get With this 6-Month Program:

- **Initial Assessment** of body's 9 energy systems (2 hours). Prior to your first visit you will complete our health history and metabolic type forms. At your initial appointment I'll review your history with you, perform essential energy testing and provide feedback. I will also make lab recommendations, as well as initial dietary and exercise recommendations (Value: \$598).
- **3-phase Customized Detoxification Plan.** To help you get rid of harmful viruses and bacteria that 'craves' unhealthy foods inside of your body and sabotages your positive intentions and goals (Value: \$699).
- **Comprehensive Analysis** and correction of body's Energy Systems (Value: \$379).
- **6 (90-minute) in-office Energy Balancing Sessions** with the founder, teacher and integrative energy medicine practitioner, Irina Maryanchik (Value: \$2,748).
- **12 Biofield Scans using GDV Camera (two scans per each office visit)** detailing analysis of 14 Meridians, 7 Chakras, Yin/Yang Balance, and personal biorhythms to evaluate health status and cellular energy reserve in all your organs and systems (Value: \$3,100).
- **(12) 37-page Biofield Scan Personal Reports** listing the health status of your, chakras, organs and systems as well as recommendations based on your biofield scan. (Value: \$600).
- **(6) 60-minute "Discover a New You" Phone Consultations** to help you understand the source of your symptoms and implement the most effective treatment plan possible (Value: 1,450).
- **(6) 60-minute "Clearing Your Emotional Clutter" Phone Consultations**, individualized for you as you build new healthy mindset, creating consistent successful experiences while you're overcoming your old dysfunctional habits and challenges (Value: \$1,240).
- **Reference Handouts and Laminated Charts** designed by Irina to keep you in powerful forward action and help you strengthen your physical body and mind as you work through the program steps. (Value \$96).
- **Done-for-you Personalized Self-Healing Protocols and Material** detailing Irina's proven strategies to deeper integrate your weight loss and healing process (Value: \$250).
- **Customized Energy Balancing Exercises** designed by Irina that help you jump start your immune system and accelerate your body's metabolism and healing capacity (Value: \$99).
- **Access to** each phone consultation by phone from the comfort of your own home or office. All calls are recorded for easy access and download, so you can listen and re-listen anytime you want, as many times as you want.

- **Continuous Support** and hands-on practice with powerfully proven, incredibly effective techniques and tools for building a beautiful strong body. At the end of this program, you'll be so practiced with these tools that you'll easily be able to use them for creating other powerful shifts in your life and helping others. (Value: priceless).

### **BONUSES:**

- **BONUS 1: Luxurious Aromatherapy Raindrop Treatment** using highest quality therapeutic grade essential oils that have a balancing effect on the nervous system and support your psychological and emotional health (**Value: 255**).
- **BONUS 2: 75-minute Human Design Chart Analysis and Private Consultation.** It will reflect back to you where your real genius lies, and you may have to compare that genius to where you are now. This consultation will show you how to live in a state of optimum health and abundance according to your design. It may make you laugh or cry when you embrace your emotions and your relationships. (**Value: \$250**).
- **BONUS 3: 90-minute Partnership Analysis and Private Consultation.** Using the power of the Human Design System you will discover the gift of acceptance and fulfillment in your romantic relationship. You will learn about how your definition is designed to relate (care, love and mate) with others, discover your "Love Gates" and find out how you are designed to be "turned on". This consultation will help you recognize how you can get pulled away from the kind of love that is authentic and correct for you to experience. One partner chart is included in this analysis as an example of you in relationship, and all of the relationship gates are discussed (Sex, Caring and Love gates). (**Value: \$350**).
- **BONUS 4: Human Design Beginner's Guide**, explaining the basic principles of the Human Design System, the concept of your own strategy, authority, and life's purpose (**Value: \$25**).
- **BONUS 5: Complete Anti-aging Healing Grocery Shopping Lists, Food Substitutions Lists, and Delicious Recipes** - Irina's personalized favorite recipes that will help you cut your cravings and be excited about the healthy foods you are eating (**Value: \$150**).
- **BONUS 6: Anti-aging Body Butter** — formulated and made by Irina to help you beautify and brighten your skin (**Value: \$60**).

**Your Investment Into Your Health:**

Package Value: \$9926.

Your Investment: \$6998.

**Fast Action Incentive (SAVE \$1000)**

(Available within the next 24 hours)

\$5998 (full payment)

or

\$1998 Deposit and 6 monthly payments of \$686.

(All Payments to be made by a credit card.)

**LOVE YOURSELF FIRST!**